



Message from the President

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As the chill of winter gives way to the warmth of spring, we are presented with a perfect opportunity to rejuvenate our commitments to each other and to the communities we serve. This season is a reminder that just as nature renews itself, we too can renew our dedication to making a positive impact.

With only three months left in this Rotary year, I urge each of you to come forward and actively engage in impactful projects. This month is especially important as we focus on environmental initiatives, a cause that is very close to my heart. We have the power to make a lasting difference through sustainable practices, green initiatives, and community-driven environmental projects.

By embracing these approaches, we can harness the energy of spring to reinvigorate our dedication to service and engagement. Let's take this opportunity to strengthen our connections, refresh our efforts, and continue to inspire hope and positive change in the world.

This is the magic of Rotary — transforming lives, fostering hope, and creating lasting change for the communities we serve.

Together, we can make a real difference. Let's move forward, united in our mission.

In Service,

Anshu Gupta, President

Rotary Club of Faridabad Heritage



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Message from the Chairman, Environment, Rotary Club of Faridabad Heritage

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April is Environment Month, a time to reflect on the importance of protecting our planet. As Rotarians, we understand the need for collective action to preserve our environment, and this month serves as a reminder of our shared responsibility. Rotary International has made the environment a key focus area, emphasizing sustainability, conservation, and harmony with nature. We, as a global network, are committed to promoting practices that safeguard our ecosystems and ensure a sustainable future. As Rotarians, we have the power to drive meaningful change. By leveraging our resources, we can address critical environmental issues such as climate change, pollution, and resource depletion. Our collective efforts can make a significant impact in creating a healthier planet.

How We Can Act Promote Sustainable Practices: Adopt eco-friendly habits, reduce waste, and recycle. Small changes in daily life can have a big impact. Support Environmental Projects: Partner with local communities to implement projects that protect natural resources—like reforestation, clean water initiatives, and sustainable farming. Create Zero-Waste Sectors: Advocate for and implement zero-waste practices in our communities, encouraging waste reduction, recycling, and reusing resources to minimize landfill waste. .

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Message from the Chairman, Environment, Rotary Club of Faridabad Heritage

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Miyawaki Forests: Support the creation of Miyawaki forests—small, dense, native forests that can be planted in urban areas to combat air pollution and restore biodiversity. Advocate for Policies: Raise awareness about environmental issues and support policies that encourage sustainability and environmental protection

The Magic of Rotary The true strength of Rotary lies in the unity of its members. Together, we can make a lasting impact on the environment, creating positive change for our communities and the planet. This April, let's embrace our role as environmental stewards and work toward a sustainable future.

In Rotary Service,

Rtn. Kaushal Goyal

Chairman, Environment

Rotary Club of Faridabad Heritage



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Such a beautiful message—spare just 2 minutes, and it might change your outlook on life!

This morning, while jogging, I noticed someone ahead of me, running slightly slower. It made me feel good, so I decided to catch up with him. As I pushed myself harder, I slowly gained on him. After a few minutes, I was only about 100 feet behind, so I really picked up the pace.

Finally, I passed him! I felt a rush of pride—"I beat him." Of course, he didn't even know we were racing.

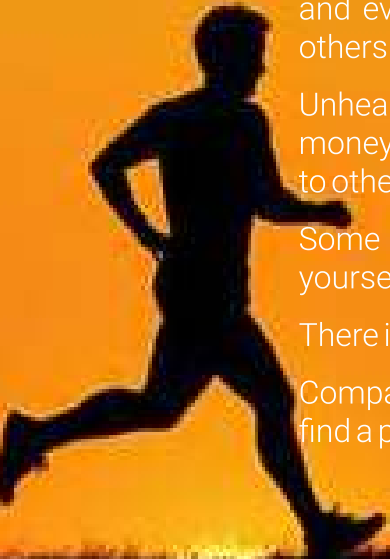
But then it dawned on me: in my focus on competing, I had missed my turn, ignored the peaceful surroundings, and even stumbled a few times. It was a reminder of how we often get so caught up in competing with others—co-workers, neighbors, friends, or family—that we lose sight of our own happiness and well-being.

Unhealthy competition is a never-ending cycle. There will always be someone with a better job, a nicer car, more money, or seemingly a better life. But the truth is, you can only be your best when you stop comparing yourself to others.

Some people are insecure because they focus too much on what others have or do. But when you accept yourself—your height, your weight, your personality—you realize you are blessed.

There is no competition in destiny. We each have our own path.

Comparison and competition steal joy and kill the beauty of living your own life. Run your own race, and you'll find a peaceful, happy, steady life.



Protect the Community



Flash Back

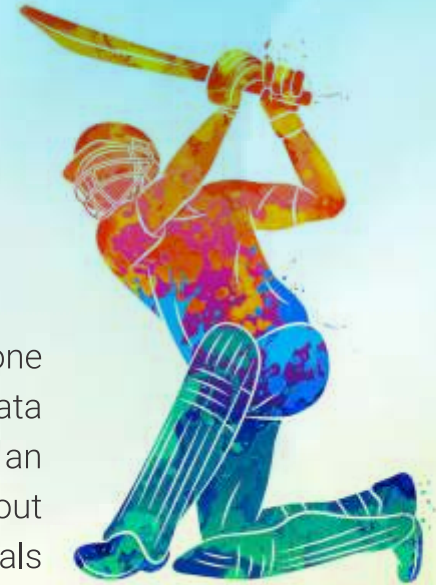


District Cricket Tournament

Date: 9 March 2025

Venue: Baliawash, Gurugram Road, Faridabad

The Rotary Heritage Club Faridabad hosted an electrifying cricket match that no one will forget, with the esteemed District Governor Mahesh P. Trikha and First Lady Sujata Trikha leading the charge. As the action unfolded on the field, guests were treated to an exclusive live screening of the high-energy India vs. New Zealand match—talk about perfect timing! The event was a food lover's dream, with three mouthwatering meals and endless drinks keeping everyone refreshed and in high spirits. If you missed it, you definitely missed out on an unforgettable day!



DISEASE PREVENTION & TREATMENT



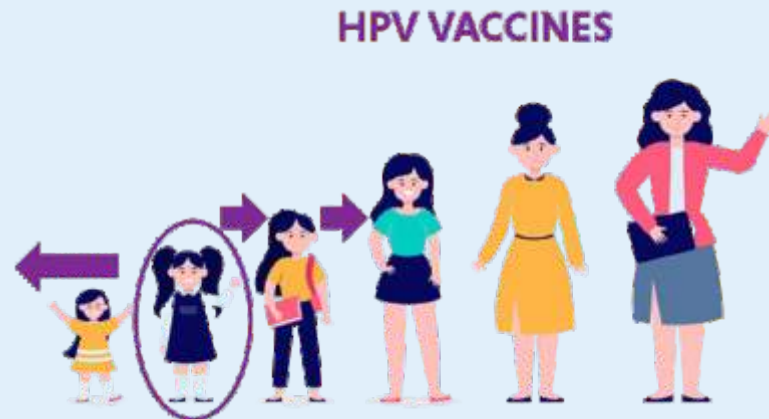
HPV Vaccination Drive

Date: 10 March, 2025

Venue: Sihi Government School, Sector-8, Faridabad

Beneficiaries of the camp: 174 students

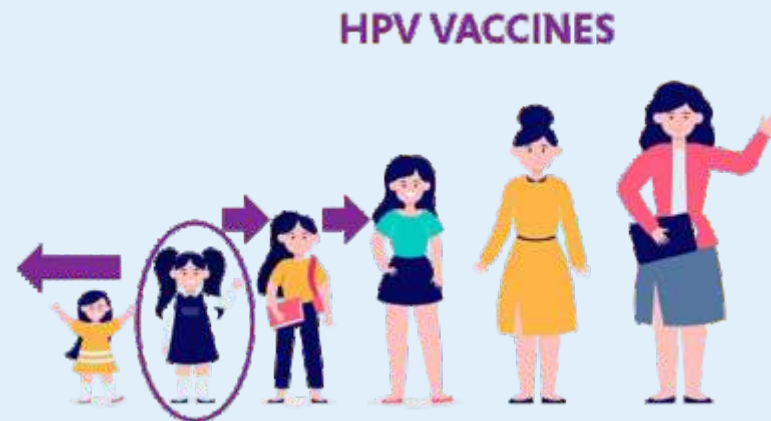
Services provided in the camp: Doctor consultation, HPV Vaccination



हमारा मिशन है कि हम समाज में बदलाव लाएं और हर जरूरतमंद तक पहुंचें।



HPV Vaccination Drive



Heath Checkup Camp

Date: 25 March, 2025

Venue: Mother's Pride, School, Sector-88, Faridabad

Beneficiaries of the camp: 60 Peoples

Services provided in the camp: Doctor consultation,
Blood Pressure and Blood Sugar



Heath Checkup Camp

Date: 25 March, 2025

Venue: Kalka Public School, Sector-76, Faridabad

Beneficiaries of the camp: 55 Peoples

Services provided in the camp: Doctor consultation,
Blood Pressure and Blood Sugar





होली के रंग रोटरी के संग

Date: 13 March, 2025

Venue: Vayu Brewery & Asian Kitchen, WORLD STREET, Faridabad

Attendees of the Session: All Rotary Members

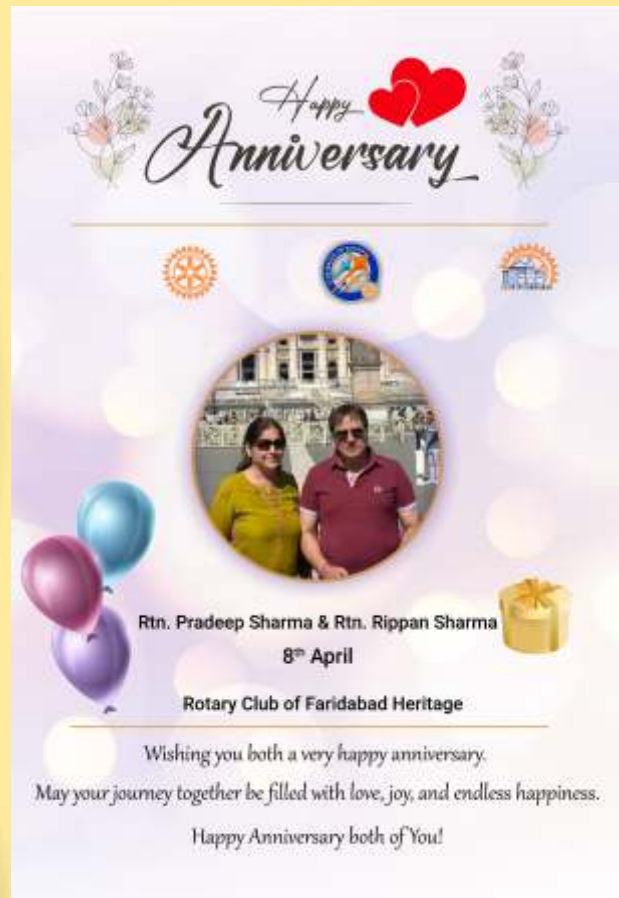
रोटरी हेरिटेज क्लब द्वारा होली का उत्सव वायू रेस्टो बार में धूमधाम से मनाया गया। सभी सदस्य रंगों, मस्ती, खाने-पीने, और नाच-गाने में खो गए। यहां हर किसी ने गुलाल और रंगों के साथ होली के मजे लिए, जबकि स्वादिष्ट भोजन और रंगीन ड्रिंक्स ने माहौल को और भी खास बना दिया। क्लब के सदस्य पूरी तरह से रंगों में रंगे हुए थे और हर एक पल को खुशी-खुशी जी रहे थे। इस उत्सव ने सभी को जिन्दगी ना मिलेगी दोबारा का एहसास दिलाया, जहां हर कोई पूरी तरह से मौज-मस्ती में डूबा था और बिना किसी चिंता के खुशियों का आनंद ले रहा था।



Upcoming Birthdays



Upcoming Anniversary



Thank you

We would like to express our sincere gratitude for your continued support.
Your unwavering commitment makes a significant difference to our work.



ROTARY CLUB OF FARIDABAD HERITAGE

RTN. ANSHU GUPTA
President

RTN. KULDEEP SETHI
Secretary

RTN. VINOD GUPTA
Treasurer

